

PLANNING AQUA

DU 8 AU 20 JUILLET 2024

LUNDI

9H00/13H30
16H30/20H30

10H30
30' **AQUA FITNESS**

11H15
30' **AQUA FITNESS**

12H30
30' **AQUA FITNESS**

17H15
30' **AQUA FITNESS**

18H15
30' **AQUA FITNESS**

19H15
30' **AQUA FITNESS**

MARDI

12H00/20H30

16H30
30' **AQUA FITNESS**

17H30
30' **AQUA FITNESS**

18H30
30' **AQUA DANSE**

MERCREDI

9H00/13H30
16H30/20H30

9H30
30' **AQUA FITNESS**

10H15
30' **AQUA FITNESS**

11H00
30' **AQUA FITNESS**

JEUDI

12H00/20H30

16H30
30' **AQUA FITNESS**

17H30
30' **AQUA FITNESS**

18H30
30' **AQUA FITNESS**

VENDREDI

9H00/13H30
16H30/20H30

9H30
30' **AQUA FITNESS**

10H15
30' **AQUA DANSE**

11H00
30' **AQUA FITNESS**

SAMEDI

9H00/13H00



PLANNING AQUA

DU 22 JUILLET AU 17 AOUT 2024

LUNDI

9H00/13H30
16H30/20H30

9H30
30' **AQUA FITNESS**

10H30
30' **AQUA BIKE**

11H30
30' **AQUA BIKE**

12H30
30' **AQUA FITNESS**

16H45
30' **AQUA FITNESS**

17H30
30' **AQUA FITNESS**

18H30
30' **AQUA BIKE**

19H15
30' **AQUA BIKE**

MARDI

12H00/20H30

16H30
30' **AQUA FITNESS**

17H30
30' **AQUA FITNESS**

18H45
30' **AQUA FITNESS**

19H30
30' **AQUA BIKE**

MERCREDI

9H00/13H30
16H30/20H30

9H30
30' **AQUA BIKE**

10H30
30' **AQUA FITNESS**

11H15
30' **AQUA FITNESS**

16H30
30' **AQUA FITNESS**

17H30
30' **AQUA BIKE**

18H30
30' **AQUA FITNESS**

19H15
30' **AQUA FITNESS**

JEUDI

12H00/20H30

9H30
30' **AQUA FITNESS**

10H30
30' **AQUA FITNESS**

11H30
30' **AQUA BIKE**

12H30
30' **AQUA BIKE**

16H15
30' **AQUA FITNESS**

17H00
30' **AQUA FITNESS**

18H00
30' **AQUA BIKE**

VENDREDI

9H00/13H30
16H30/20H30

9H30
30' **AQUA BIKE**

10H15
30' **AQUA BIKE**

11H15
30' **AQUA FITNESS**

